

OCTOBER 2026: K-8TH BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
INNOVATION FOOD SERVICES 1550 ENTERPRISE PARKWAY TWINSBURG, OH 44087 440-580-4800 WWW.IFSMEALS.COM <i>USDA IS AN EQUAL OPPORTUNITY PROVIDER, EMPLOYER, AND LENDER.</i> DAILY SERVED WITH MILK, CHOICE- 8 OUNCE PORTION CHO = CARBOHYDRATE COUNT, WG = WHOLE GRAIN, JUICE CHO FOUND ON PRODUCT MENU SUBJECT TO CHANGE			1	2
			100% JUICE (½ C) APPLESAUCE (14 CHO ½ C) BLUEBERRY MUFFIN (1WG-26CHO)	100% JUICE (½ C) APPLESAUCE (14 CHO ½ C) LUCKY CHARMS CEREAL BOWL (1WG-22CHO)
5	6	7	8	9
100% JUICE (½ C) APPLESAUCE (14 CHO ½ C) MINI CINNAMON PULL APARTS (2WG-37CHO)	100% JUICE (½ C) FRESH RED SEEDLESS GRAPES (10 CHO ½ C) TRIX BAR (1WG-29CHO)	100% JUICE (½ C) FRESH BANANA (21 CHO ½ C) EGGO WAFFLE BITES (2WG-38CH)	100% JUICE (½ C) APPLESAUCE (14 CHO ½ C) SUPER DONUT (2WG-31CHO)	100% JUICE (½ C) APPLESAUCE (14 CHO ½ C) COCOA PUFF CEREAL BOWL (1WG-25CHO)
		13	14	15
		100% JUICE (½ C) FRESH APPLE SLICES (10 CHO ½ C) STRAWBERRY CHEERIO BAR (1WG-29CHO)	100% JUICE (½ C) FRESH BANANA (21 CHO ½ C) FROSTED POP-TART FUDGE (1.25WG-36CHO)	100% JUICE (½ C) APPLESAUCE (14 CHO ½ C) CINNAMON FRENCH TOAST BITES (2WG-38CH)
19	20	21	22	23
100% JUICE (½ C) APPLESAUCE (14 CHO ½ C) STUFFED STRAWBERRY CREAM CHEESE BAGEL BITES (2WG-42CHO)	100% JUICE (½ C) FRESH RED SEEDLESS GRAPES (10 CHO ½ C) GOLDEN GRAHAM BAR (1WG-30CHO)	100% JUICE (½ C) FRESH BANANA (21 CHO ½ C) EGGO WAFFLE BITES (2WG-38CH)	100% JUICE (½ C) FRESH APPLE SLICES (10 CHO ½ C) BLUEBERRY MUFFIN (1WG-26CHO)	100% JUICE (½ C) APPLESAUCE (14 CHO ½ C) CINNAMON FRENCH TOAST BITES (2WG-38CH)
26	27	28	29	30
100% JUICE (½ C) APPLESAUCE (14 CHO ½ C) MINI CINNAMON PULL APARTS (2WG-37CHO)	100% JUICE (½ C) FRESH APPLE SLICES (10 CHO ½ C) GOLDEN GRAHAM BAR (1WG-29CHO)	100% JUICE (½ C) FRESH BANANA (21 CHO ½ C) CINNAMON FRENCH TOAST BITES (2WG-38CH)	100% JUICE (½ C) APPLESAUCE (14 CHO ½ C) SUPER DONUT (2WG-31CHO)	100% JUICE (½ C) APPLESAUCE (14 CHO ½ C) COCOA PUFF CEREAL BOWL (1WG-25CHO)



OCTOBER 2026: K-8TH LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
INNOVATION FOOD SERVICES 1550 ENTERPRISE PARKWAY TWINSBURG, OH 44087 440-580-4800 WWW.IFSMEALS.COM USDA IS AN EQUAL OPPORTUNITY PROVIDER, EMPLOYER, AND LENDER. CHO = CARBOHYDRATE COUNT, WG = WHOLE GRAIN, JUICE CHO FOUND ON PRODUCT MENU SUBJECT TO CHANGE			1 BEAN & CHEESE BURRITO	2 FRENCH TOAST & TATER TOTS
			FRESH BANANA (21 CHO ½ C) CORN (18 CHO ¾ C) BURRITO BEAN & CHEESE (2MMA-2WG-40 CHO) TACO PACKET (2 CHO)	100% JUICE (½ C) TATER TOTS (16 CHO ¾ C) FRENCH TOAST (1WG-19CHO-1E) SYRUP CUP (30 CHO) KETHUP PACKET (2 CHO)
5 CHICKEN NUGGETS & CORN	6 HONEY BBQ RIB SANDWICH & GREEN BEANS	7 BEEF FIESTADA POCKET & FRESH GRAPE TOMATOES & CARROTS	8 GRILLED CHEESE & FRESH BROCCOLI & APPLE SLICES	9 BREAKFAST PIZZA & TATER TOTS
APPLESAUCE (14 CHO ½ C) CORN (12 CHO ¾ C) CHICKEN NUGGETS (1WG-2M-14CHO) KETHUP PACKET (2 CHO)	100% JUICE (½ C) GREEN BEANS (16 CHO ¾ C) HONEY BBQ RIB PATTY (2M-2 CHO) HAMBURGER BUN (2WG-23 CHO)	100% JUICE (½ C) FRESH BABY CARROTS (5 CHO ½ C) FRESH GRAPE TOMATOES (3 CHO ½ C) BEEF FIESTADA POCKET (2MMA-2WG-1E-25CHO) RANCH PACKET (2 CHO)	FRESH APPLE SLICES (8 CHO) FRESH BROCCOLI (2 CHO ¾ C) FRESH GRAPE TOMATOES (3 CHO ½ C) GRILLED CHEESE (2MMA-2WG-1E-34CHO) RANCH PACKET (2 CHO)	FRESH BANANA (21 CHO ½ C) TATER TOTS (12 CHO ¾ C) CRUNCHERZ BEANS (23CHO ½ C V) BREAKFAST PIZZA WITH EGG & TURKEY BACON (1.5MMA-1WG-1E)
		13 CONEY DOG	14 PEPPERONI CALZONE & FRESH BROCCOLI	
		APPLESAUCE (14 CHO ½ C) CONEY BEANS (49 CHO ¾ C) HOTDOG (2M-3CHO) HOTDOG BUN (2WG-21CHO) KETHUP PACKET (2 CHO)	100% JUICE (½ C) FRESH BROCCOLI (2 CHO ¾ C) BEEF PEPPERONI CALZONE (2MMA-2WG-1E-36CHO) RANCH PACKET (2 CHO)	
19 CHICKEN SAUSAGE & BISCUITS	20 MINI CHEESE QUESADILLAS	21 GALAXY PIZZA & FRESH GRAPE TOMATOES & CARROTS	22 POPCORN CHICKEN BOWL	23 CHICKEN PATTY & FRESH APPLES SLICES
APPLESAUCE (14 CHO ½ C) BROCCOLI (4 CHO ¾ C) MINI BISCUIT (1WG-14CHO-1E) CHICKEN SAUSAGE PATTIES (2M-3CHO) JELLY CUP (9 CHO)	APPLESAUCE (14 CHO ½ C) SOUTHWEST BEANS (52 CHO ¾ C) CHEESE QUESADILLA MINI (2WG-2MMA-30 CHO) TACO PACKET (1 CHO)	100% JUICE (½ C) FRESH BABY CARROTS (5 CHO ½ C) FRESH GRAPE TOMATOES (3 CHO ½ C) GALAXY PIZZA - CHEESE (2WG-2MMA-1E-21 CHO) RANCH PACKET (2 CHO)	FRESH BANANA (21 CHO ½ C) DINNER ROLL (1WG - 14 CHO-1E) MASHED POTATOES (17 CHO ½ C) CORN (6 CHO ¾ C) POPCORN CHICKEN (1WG-2M-21CHO)	FRESH APPLE SLICES (8 CHO) GREEN BEANS (16 CHO ¾ C) CHICKEN PATTY (2M-2 CHO) HAMBURGER BUN (2WG-23 CHO) KETHUP PACKET (2 CHO)
26 CHICKEN NUGGETS & CRUCHERZ	27 PANCAKES & TATER TOTS	28 BUFFALO CHICKEN POCKET & FRESH BROCCOLI	29 BREADED BONELESS WINGS	30 HOTDOG & CORN
APPLESAUCE (14 CHO ½ C) CORN (8 CHO ¾ C) CRUNCHERZ BEANS (23CHO ½ C V) CHICKEN NUGGETS (1WG-2M-14CHO) KETHUP PACKET (2 CHO)	100% JUICE (½ C) TATER TOTS (16 CHO ¾ C) PANCAKE (1WG-15CHO-1E) TURKEY LINKS (2M-2CHO-2E) SYRUP CUP (30 CHO) KETHUP PACKET (2 CHO)	APPLESAUCE (14 CHO ½ C) FRESH BROCCOLI (2 CHO ¾ C) BUFFALO CHICKEN HOT POCKET (2WG-2MMA-1E-225 CHO) RANCH PACKET (2 CHO)	FRESH BANANA (21 CHO ½ C) GREEN BEANS (16 CHO ¾ C) BONELESS BREADED WINGS (2WG-2M-19 CHO)	100% JUICE (½ C) CORN (18 CHO ¾ C) HOTDOG (2M-3CHO) HOTDOG BUN (2WG-21CHO) KETHUP PACKET (2 CHO)