

OCTOBER 2026

K-8 School Breakfast

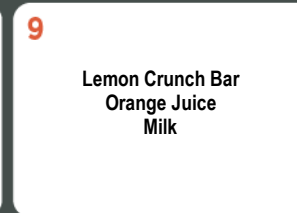
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



News

****Please note that all items are subject to change****

Grain

**Grades K-5: 7-10oz Weekly
Minimum 1 oz Daily
Grades 6-8: 8-10oz Weekly
Minimum 1oz `Daily**

Fruit

**Grades K-8: 1 Cup Daily
And 5 Cups Weekly**

Milk

1 Cup 1% or Fat Free