

# OCTOBER 2026

## K-8 School Breakfast

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



### **News**

**\*\*Please note that all items are subject to change\*\***

### **Grain**

**Grades K-5: 7-10oz Weekly  
Minimum 1 oz Daily  
Grades 6-8: 8-10oz Weekly  
Minimum 1oz Daily**

### **Fruit**

**Grades K-8: 1 Cup Daily  
And 5 Cups Weekly**

### **Milk**

**1 Cup 1% or Fat Free**