



Monday

Tuesday

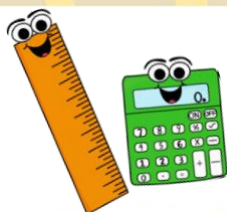
Wednesday

Thursday

Friday



3



4



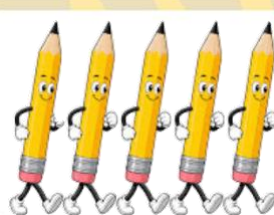
5



6



7



11



12



13



17

Assorted Cereal
Pear Cup
Apple Juice
Choice of Milk



Mini Cinnamon Rolls
Strawberry Applesauce
Orange Juice
Choice of Milk

18

Super Donut
Yogurt
Fresh Fruit Cup
Grape Juice
Choice of Milk

19

Waffle Bites
Fresh Orange Slices
Fruit Punch
Choice of Milk

20

Apple Muffin
Cheese Stick
Assorted Fruit / Craisins
Assorted Juice
Choice of Milk

21

Assorted Cereal
Pear Cup
Apple Juice
Choice of Milk

24

Cherry Frudel
Applesauce Cup
Orange Juice
Choice of Milk

25

Confetti Pancakes
Craisins
Strawberry Kiwi Juice
Choice of Milk

26

Egg & Cheese Omelet
WG Graham Crackers
Fresh Fruit Cup
Very Berry Juice
Choice of Milk

27

Assorted Muffin
Cheese Stick
Assorted Fruit / Craisins
Assorted Juice
Choice of Milk

28

Assorted Cereal
Pear Cup
Apple Juice
Choice of Milk

31



What Makes a School Breakfast



grain



fruit (or vegetable)



milk

Offer Vs. Serve

Choose **at least 3 items** from the four offered, **One must be a 1/2 cup of fruit (or vegetable).**



The fourth item offered may be another grain, another fruit or veggie, or a meat or meat alternate.