

Monday



3



10



17

WG Cereal 30g
Graham Cracker 11g
Fresh Fruit 25g

24

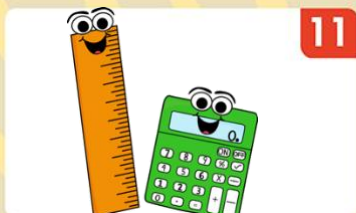
WG Cereal 30g
Graham Cracker 11g
Fresh Fruit 25g

31

Tuesday



4



11



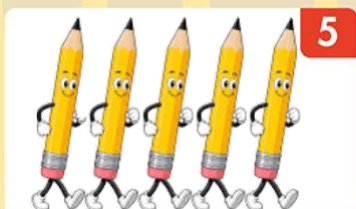
18

Donut 23g
Applesauce 17g
Fruit Juice 20g

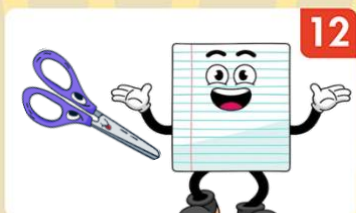
25



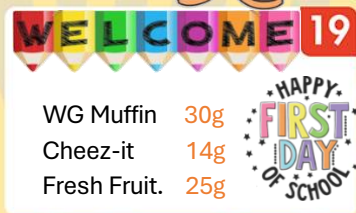
Wednesday



5



12



19

WG Muffin 30g
Cheez-it 14g
Fresh Fruit 25g

26

Thursday



6



13

WG Cereal Bar 30g
Graham Cracker 11g
Fresh Fruit 25g

20

WG Cereal Bar 30g
Graham Cracker 11g
Fresh Fruit 25g

27

Friday



7



14

WG Cinnamon Roll 40g
Go-Gurt 8g
Applesauce 17g
Fruit Juice 20g

21

WG Cinnamon Roll 40g
Go-Gurt 8g
Applesauce 17g
Fruit Juice 20g

28

Carb grams indicated in **ORANGE**. **HALAL OPTIONS OFFERED**

Milk is offered with each meal: 1% White Milk 12g OR Fat Free Chocolate 24g

USDA is an equal opportunity provider, employer, and lender.

Menu is subject to change based on food availability or unforeseen school closures.

Fig's Café & Catering Services
Contact: Melissa Bryant 614.747.0196