



Arlene's September 2026 K-8 Lunch Menu

	1 Hamburger Patty on WG Bun Hamburger Patty (2m) 1 WG Bun (1.75wg) 25 Tater Tots (12 = 3/4c) 24 Watermelon (1/2c) 6 Choc/White Milk (1c) 19/13	2 Teriyaki Chicken w Rice Popcorn Chkn (4o z=2m, 1wg) 19 Rice (1/2c = 1oz) 29 Teriyaki Glaze (2 tbsp) 9 Sliced Cucumbers (3/4c) 3 Banana (1/2c) 18 Fortune Cookie 4 Choc/White Milk (1c) 19/13	3 Baked Pasta & Meat Sauce Cavatappi Pasta (1/4g) 30 Marinara (1/4r) 6 Turkey Crumbles (1m) 0 Mozzarella Cheese (1m) 0 WG Roll (1wg) 16 ; Carrots (1/2c) 0 Pineapple (1/2c) 10 Choc/White Milk (1c) 19/13	4 Turkey Pepperoni Pizza Turkey Pep Pizza (2m/2wg) 33 Broccoli (3/4c) 5 Bear Cracker (1wg) 21 Banana (1/2c) 18 Choc/White Milk (1c) 19/13
7 	8 'KFC' Popcorn Chicken Bowl Popcorn Chicken (10 = 2m) 19 Mashed Potatoes (1/2c) 16 Corn (1/4c) 7 Beef Gravy 4 WG Roll (1wg) 16 Peach (1/2c) 15 Choc/White Milk (1c) 19/13	9 Pancakes & Sausage Turkey-Sausage Links (2 = 2m) 1 Eggo Pancakes (2 = 2g) 30 Syrup Cup 29 Sliced Cucumbers (3/4c) 3 Banana (1/2c) 18 Choc/White Milk (1c) 19/13	10 Chicken Pasta Alfredo Penne Pasta (1/4g) 30 Grill Chicken Strips (3oz= 2m) 19 Alfredo Sauce 6 WG Roll (1wg) 16 Broccoli (3/4c) 5 Apple (1/2c) 25 Choc/White Milk (1c) 19/13	11 Bosco Sticks Bosco Sticks (2 = 2m/2wg) 33 Marinara Pack (2 = 1/4r) 8 Graham Crackers (0.5wg) 11 Mango Veg Juice (1/2c) 14 Honeydew (1/2c) 8 Choc/White Milk (1c) 19/13
14 Beef Hot Dog & Tater Tots Beef Hot Dog (2m) 12 WG Bun (1.5wg) 21 Tater Tots (12 = 3/4c) 24 Apple (1/2c) 25 Choc/White Milk (1c) 19/13	15 Burrito Bowl Turkey Crumbles (1m) 0 Rice (1/4c = 0.5oz) 29 Black Beans (1/2c) 45 Cheddar Cheese (0.5m) 0 Salsa Cup (1/4c) 0 WG Nacho Chips (1wg) 19 Apple (1/2c) 10 ; C/W Milk (1c) 19/13	16 Orange Chicken w Rice Popcorn Chkn (4o z=2m, 1wg) 19 Rice (1/2c = 1oz) 29 Zesty Orange Sauce (2 tbsp) 17 Sliced Cucumbers (3/4c) 3 Banana (1/2c) 18 Fortune Cookie 4 Choc/White Milk (1c) 19/13	17 Spaghetti & Meatballs Spaghetti Pasta (1/4g) 30 Marinara (1/4r) 6 Meatballs (6 = 2m) 8 WG Roll (1wg) 16 Carrot Sticks (1/2c) 0 Cantaloupe (1/2c) 8 Choc/White Milk (1c) 19/13	18 Turkey Pepperoni Pizza Turkey Pep Pizza (2m/2wg) 33 Broccoli (3/4c) 5 Graham Crackers (0.5wg) 11 Banana (1/2c) 18 Choc/White Milk (1c) 19/13
21 Chicken Taquitos Chicken Taquito (1=2m, 2wg) 24 Baked Beans (3/4c) 45 Goldfish Pretzels (1wg) 16 Craisins (1/2c) 28 Choc/White Milk (1c) 19/13	22 Chicken Patty on WG Bun WG Chicken Patty (2m/1wg) 13 WG Bun (1.75wg) 25 Corn (3/4c) 21 Graham Crackers (0.5wg) 11 Watermelon (1/2c) 21 Choc/White Milk (1c) 19/13	23 Boneless Wings Boneless Chkn (4oz=2m, 1wg) 19 BBQ Sauce (2 tbsp) 18 Bear Cracker (1wg) 21 Broccoli (3/4c) 5 Banana (1/2c) 18 Choc/White Milk (1c) 19/13	24 Baked Pasta & Meat Sauce Cavatappi Pasta (1/4g) 30 Marinara (1/4r) 6 Turkey Crumbles (1m) 0 Mozzarella Cheese (1m) 0 WG Roll (1wg) 16 Sliced Cucumbers (1/2c) 3 Apple (1/2c) 25 Choc/White Milk (1c) 19/13	
28 Chicken Tenders WG Chicken Tenders (3 = 2m, 1wg) 13 Baked Beans (3/4c) 45 Goldfish Pretzels (1wg) 16 Apple (1/2c) 25 Choc/White Milk (1c) 19/13	29 Cheesy Fiesta Burrito Taco Meat, Rice & Cheese Burrito (2m/2g) 13 Corn (3/4c) 21 WG Nacho Chips (1wg) 19 Pineapple (1/2c) 10 Choc/White Milk (1c) 19/13	30 Teriyaki Chicken w Rice Popcorn Chkn (4o z=2m, 1wg) 19 Rice (1/2c = 1oz) 29 Teriyaki Glaze (2 tbsp) 9 Sliced Cucumbers (3/4c) 3 Banana (1/2c) 18 Fortune Cookie 4 Choc/White Milk (1c) 19/13	<i>Carbs listed for each item in blue font. Fresh fruits and vegetables may vary due to availability. Please check with your lunch server daily.</i>	

MENU SUBJECT TO CHANGE
MENU CONTAINS MILK, EGG, WHEAT AND SOY PRODUCTS; ALLERGEN INFO INCLUDED ON BACK OF DAILY DELIVERY SLIP
NO PORK, PEANUTS OR FISH PRODUCTS SERVED AT ANY TIME
USDA IS AN EQUAL OPPORTUNITY PROVIDER, EMPLOYER, AND LENDER