NOVEMBER 2026: K-8TH BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 **100% JUICE** (½ C) **APPLESAUCE** (14 CHO ½ C) **APPLE FILLED FRUDEL PASTRY** (2WG-37CHO)	**3** **100% JUICE** (½ C) **FRESH APPLE** (8 CHO) **STRAWBERRY CHEERIO BAR** (1WG-29CHO)	**4** **100% JUICE** (½ C) **FRESH RED SEEDLESS GRAPES** (10 CHO ½ C) **FROSTED POP-TART FUDGE** (1.25WG-36CHO)	**5** **100% JUICE** (½ C) **APPLESAUCE** (14 CHO ½ C) **CINNAMON FRENCH TOAST BITES** (2WG-38CH)	**6** **100% JUICE** (½ C) **FRESH APPLE** (8 CHO) **HONEY BUN** (2WG-31CHO)
9 **100% JUICE** (½ C) **APPLESAUCE** (14 CHO ½ C) **STUFFED STRAWBERRY CREAM CHEESE BAGEL BITES** (2WG-42CHO)	**10** **100% JUICE** (½ C) **FRESH APPLE SLICES** (8 CHO) **GOLDEN GRAHAM BAR** (1WG-30CHO)	**11** **100% JUICE** (½ C) **FRESH BANANA** (21 CHO ½ C) **EGGO WAFFLE BITES** (2WG-38CH)	**12** **100% JUICE** (½ C) **APPLESAUCE** (14 CHO ½ C) **BLUEBERRY MUFFIN** (1WG-26CHO)	**13** **100% JUICE** (½ C) **FRESH APPLE** (8 CHO) **CINNAMON FRENCH TOAST BITES** (2WG-38CH)
16 **100% JUICE** (½ C) **APPLESAUCE** (14 CHO ½ C) **MINI CINNAMON PULL APARTS** (2WG-37CHO)	**17** **100% JUICE** (½ C) **FRESH RED SEEDLESS GRAPES** (10 CHO ½ C) **GOLDEN GRAHAM BAR** (1WG-29CHO)	**18** **100% JUICE** (½ C) **FRESH BANANA** (21 CHO ½ C) **CINNAMON FRENCH TOAST BITES** (2WG-38CH)	**19** **100% JUICE** (½ C) **APPLESAUCE** (14 CHO ½ C) **SUPER DONUT** (2WG-31CHO)	**20** **100% JUICE** (½ C) **APPLESAUCE** (14 CHO ½ C) **COCOA PUFF CEREAL BOWL** (1WG-25CHO)
23 	**24** 	**25** 	**26** 	**27** 
30 **100% JUICE** (½ C) **APPLESAUCE** (14 CHO ½ C) **STRAWBERRY CHEERIO BAR** (1WG-29CHO)				

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CHO = CARBOHYDRATE COUNT, WG = WHOLE GRAIN, JUICE CHO FOUND ON PRODUCT
MENU SUBJECT TO CHANGE

NOVEMBER 2026: K-8TH LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 CHICKEN SAUSAGE & BISCUIT FRESH APPLE SLICES (8 CHO) GREEN BEANS (6 CHO ¾ C) MINI BISCUIT (1WG-14CHO-1E) CHICKEN SAUSAGE PATTIES (2M-3CHO-2E) JELLY CUP (9 CHO)	**3 HONEY BBQ RIB SANDWICH & BAKED BEANS** APPLESAUCE (14 CHO ½ C) SEASONED BEANS (45 CHO ¾ C) HONEY BBQ RIB PATTY (2M-2 CHO) HAMBURGER BUN (2WG-23 CHO)	**4 BURRITO & FRESH TOMATOES & CARROTS** 100% JUICE (½ C) FRESH BABY CARROTS (5 CHO ½ C) FRESH GRAPE TOMATOES (3 CHO ½ C) BEAN, CHEESE & TACO SAUCE BURRITO (2MMA-2WG-1E-43CHO)	**5 GRILLED CHEESE & FRESH BROCCOLI** FRESH APPLE (8 CHO) FRESH BROCCOLI (2 CHO ¾ C) GRILLED CHEESE (2MMA-2WG-1E-34CHO) RANCH PACKET (2 CHO)	**6 BREAKFAST PIZZA & TATER TOTS** FRESH APPLE (8 CHO) TATER TOTS (21 CHO ¾ C) BREAKFAST PIZZA WITH EGG & TURKEY BACON (1.5MMA-1WG-1E) KETHUP PACKET (2 CHO)
9 CHICKEN NUGGETS & GOLDFISH APPLESAUCE (14 CHO ½ C) GREEN BEANS (6 CHO ¾ C) CHICKEN NUGGETS (1WG-2M-14CHO) KETHUP PACKET (2 CHO) GOLDFISH CRACKERS (1 WG-14 CHO)	**10 HOTDOG & CORN** APPLESAUCE (14 CHO ½ C) CORN (18 CHO ½ C) ROASTED & SEASONED CHICKPEAS (23CHO ½ C V) HOTDOG BUN (2WG-21CHO) KETHUP PACKET (2 CHO)	**11 THE ULTIMATE PIZZA POCKET & FRESH BROCCOLI** 100% JUICE (½ C) FRESH BROCCOLI (2 CHO ¾ C) THE ULTIMATE MOZZERALLA PIZZA POCKET (2MMA-2WG-1E-29CHO) RANCH PACKET (2 CHO)	**12 MAC N' CHEESE** FRESH BANANA (21 CHO ½ C) CARROTS (9 CHO ¾ C) MAC N' CHEESE (2MMA-2WG-43CHO)	**13 PANCAKES & HASHBROWNS** FRESH APPLE (8 CHO) TATER HASHBROWNS (21 CHO ¾ C) PANCAKE (1WG-15CHO-1E) TURKEY LINKS (2M-2CHO-2E) SYRUP CUP (30 CHO) KETHUP PACKET (2 CHO)
16 BREADSTICKS & MARINARA APPLESAUCE (14 CHO ½ C) GREEN BEANS (4 CHO ⅛ C) ROASTED & SEASONED CHICKPEAS (23CHO ⅛ C V) CHEESE STUFFED BREADSTICKS (2WG-2MMA-42 CHO) MARINARA CUP (14 CH)	**17 MINI QUESADILLAS & FRESH APPLE SLICES** FRESH APPLE SLICES (8 CHO) SOUTHWEST BEANS (52 CHO ¾ C) CHEESE QUESADILLA MINI (2WG-2MMA-30 CHO) TACO PACKET (1 CHO)	**18 PEPPERONI GALAXY PIZZA & FRESH TOMATOES & CARROTS** 100% JUICE (½ C) FRESH BABY CARROTS (5 CHO ½ C) FRESH GRAPE TOMATOES (3 CHO ½ C) GALAXY PIZZA PEPPERONI (2WG-2MMA-1E-22CHO) RANCH PACKET (2 CHO)	**19 BREADED BONELESS WINGS** FRESH BANANA (21 CHO ½ C) BROCCOLI (4 CHO ¾ C) BONELESS BREADED WINGS (2WG-2M-19 CHO)	**20 HAMBURGER & GREEN BEANS** 100% JUICE (½ C) GREEN BEANS (6 CHO ¾ C) BEEF PATTY (2M-2 CHO) HAMBURGER BUN (1WG-16CHO) KETHUP PACKET (2 CHO)
	**24** 	**25** 	**26** 	**27** 
30 BUFFALO CHICKEN POCKET & FRESH BABY CARROTS APPLESAUCE (14 CHO ½ C) FRESH BABY CARROTS (5 CHO ½ C) ROASTED & SEASONED CHICKPEAS (23CHO ½ C V) BUFFALO CHICKEN HOT POCKET (2WG-2MMA-1E-225 CHO)				

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NOVEMBER 2026: K-12TH SNACK MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
100% JUICE (½ C) **PINEAPPLE TIDBITS** (19 CHO ½ C) = **GRAHAM CRACKER (1WG-17CHO)**	**MILK** **GOLDFISH CHEDDAR (1WG-14CHO)**	**100% JUICE** (½ C) **APPLESAUCE** (14 CHO ½ C) **STRING CHEESE (1MMA - 2CHO)**	**100% JUICE** (½ C) **BANANA** (21 CHO ½ C) **SCOOBY STICKS** (1WG-21CH)	**MILK** **EMOJI CRACKERS** (1WG-21CH)
9	10	11	12	13
100% JUICE (½ C) **PINEAPPLE TIDBITS** (19 CHO ½ C) **TIGER BITES (1WG-21CHO)**	**MILK** **GRAHAM CRACKER (1WG-17CHO)**	**100% JUICE** (½ C) **APPLESAUCE** (14 CHO ½ C) **GOLDFISH PRETZEL (1WG-14CHO)**	**100% JUICE** (½ C) **BANANA** (21 CHO ½ C) **CHEEZ-IT (1WG-14CHO)**	**MILK** **EMOJI CRACKERS** (1WG-21CH)
16	17	18	19	20
100% JUICE (½ C) **PINEAPPLE TIDBITS** (19 CHO ½ C) = **GRAHAM CRACKER (1WG-17CHO)**	**MILK** **GOLDFISH CHEDDAR (1WG-14CHO)**	**100% JUICE** (½ C) **APPLESAUCE** (14 CHO ½ C) **STRING CHEESE (1MMA - 2CHO)**	**100% JUICE** (½ C) **BANANA** (21 CHO ½ C) **SCOOBY STICKS** (1WG-21CH)	**MILK** **EMOJI CRACKERS** (1WG-21CH)



30				
100% JUICE (½ C) **PINEAPPLE TIDBITS** (19 CHO ½ C) **TIGER BITES (1WG-21CHO)**				

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