LUNCH
K-8 Menu

November 2026

RIVERSIDE ACADEMY

Monday	Tuesday	Wednesday	Thursday	Friday
	**3** Walking Chicken Taco 25g with WG Tortilla Mixed Vegetables 10g Mixed Fruit Cup 26g	**4** WG Pizza Slice 23g Spinach Salad 4g Applesauce 17g WG Chips 27g	**5** Chicken Patty 13g WG Bun 16g Vegetarian Baked Beans 30g Fresh Fruit 25g	**6** Grilled Cheese 31g French Fries 23g Fresh Carrots w/ Ranch 13g Banana 27g
9 Chicken Alfredo 32g WG Roll 12g Broccoli 8g Fresh Fruit 25g	**10** Beef Burrito with WG Tortilla 20g Mixed Vegetables 10g Fresh Fruit Cup 22g	**11** WG Pizza Slice 23g Fresh Carrots w/ Ranch 13g Applesauce 17g WG Chips 27g	**12** Chicken Nuggets 13g Dinner Roll 12g Vegetarian Baked Beans 30g Fresh Fruit 25g	**13** Turkey & Cheese Sub on a WG Sub Bun 24g French Fries 33g Fresh Carrots w/ Ranch 13g Banana 27g
16 Spaghetti 28g Breadstick 24g Broccoli 8g Fresh Fruit 25g	**17** Chicken Burrito 25g Mixed Vegetables 10g Fresh Fruit Cup 22g	**18** WG Pizza Slice 23g Fresh Carrots w/ Ranch 13g Applesauce 17g WG Chips 27g	**19** Cheeseburger on a WG Bun 26g Vegetarian Baked Beans 30g Fresh Fruit 25g	**20** Chicken Gyro on a WG Pita 35g French Fries 23g Fresh Carrots w/ Ranch 13g Mixed Fruit Cup 26g
	**24** 	**25** 	**26** 	**27** 
30 BBQ Meatballs on a WG Bun 28g Broccoli 8g Banana 27g				

Menu reflects: Carb counts listed in ORANGE.
Milk is offered with each meal: 1% White Milk 12g OR Fat Free Chocolate 24g

Menu is subject to change based on food availability or unforeseen school closures.
This institution is an equal opportunity provider.

Fig's Café & Catering Services
Contact: Melissa Bryant 614.747.0196